



CVCT: Couples Voluntary Counseling and Testing for MSM

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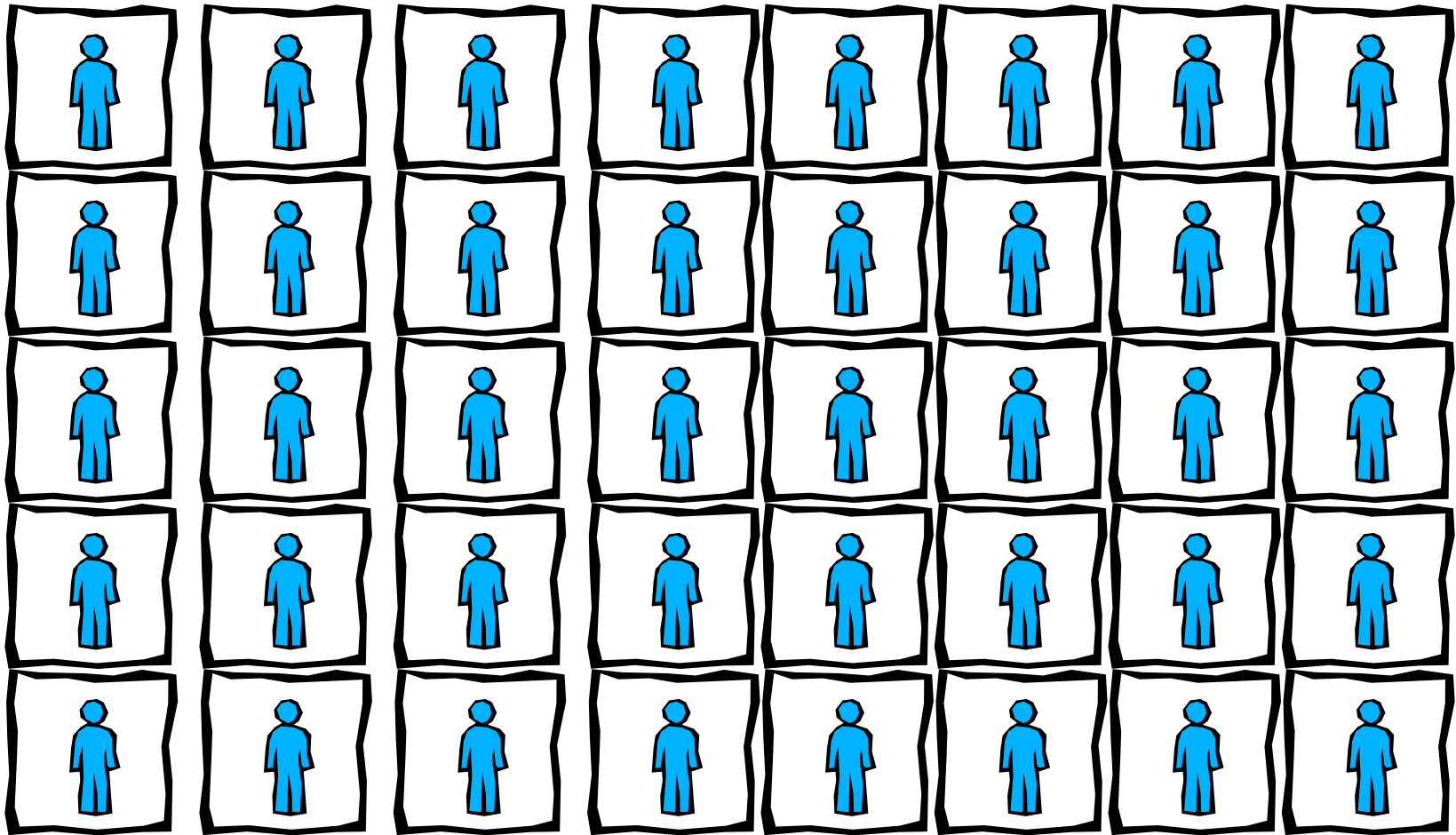
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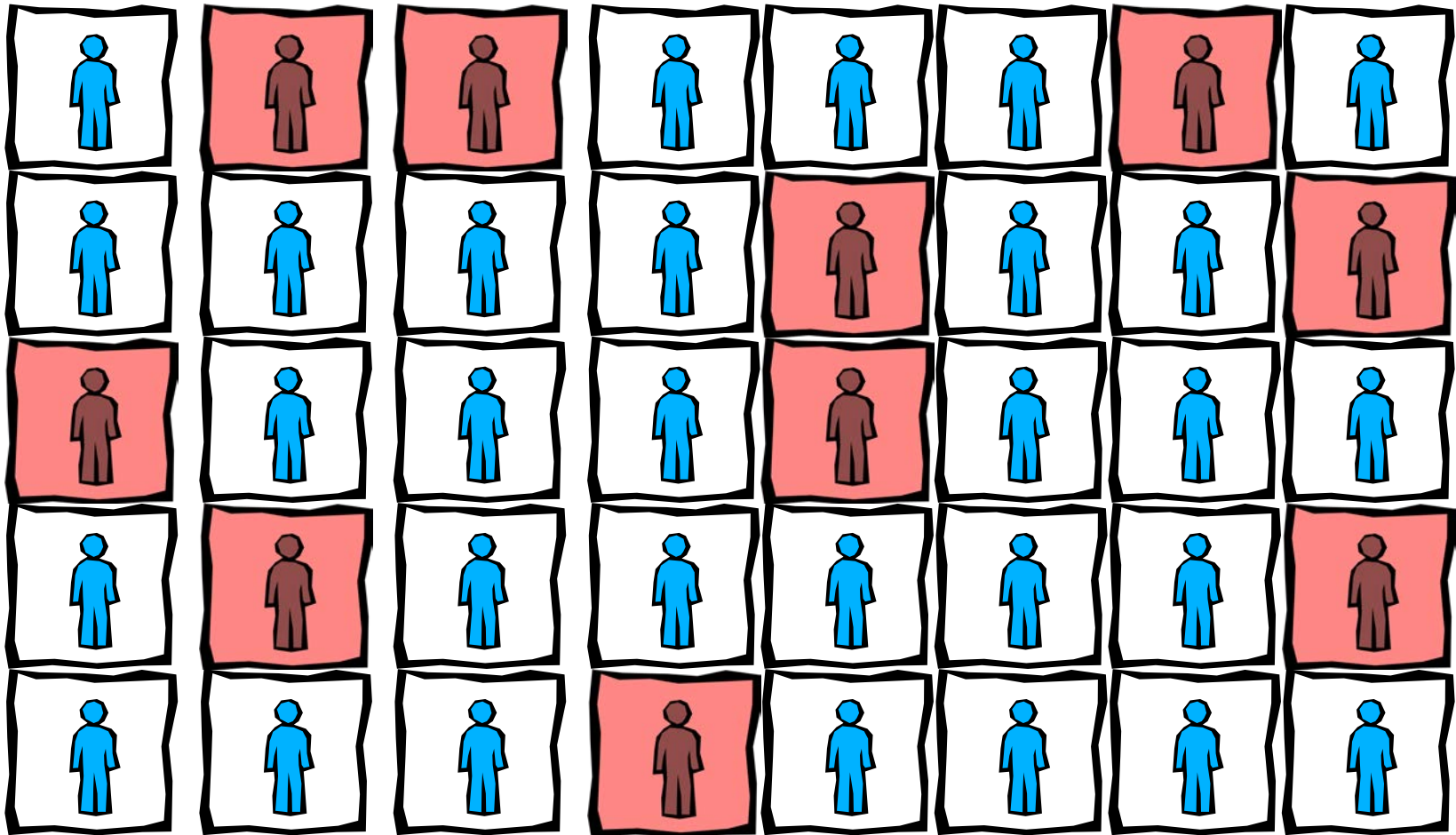
What is CVCT??

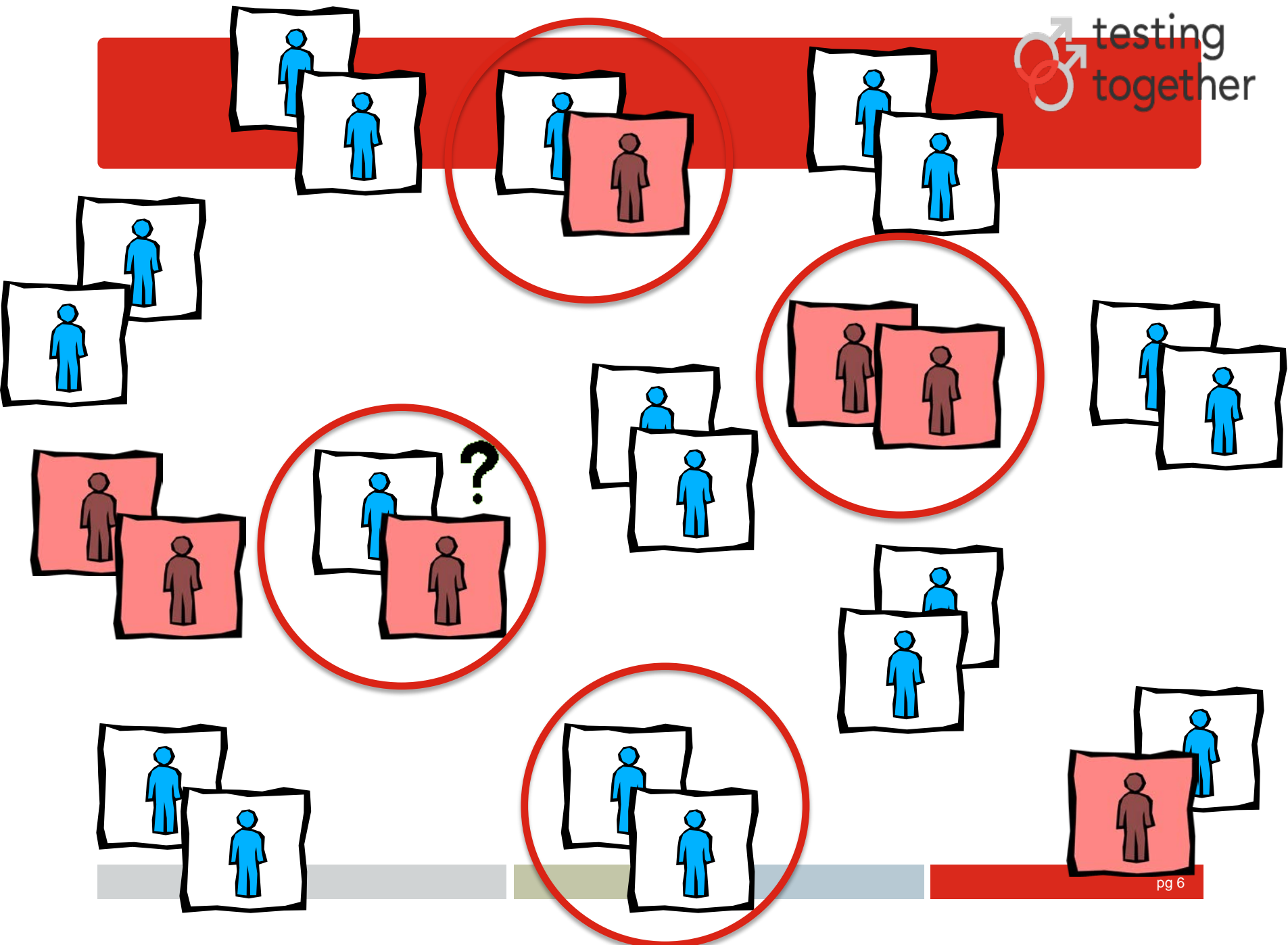
- CVCT = intervention in which both members of a couple/ intimate partnership receive all elements of HIV counseling and testing together
 - Pre-test counseling
 - Testing and delivery of results
 - Post-test counseling
- CVCT facilitates disclosure of results between partners and provides an opportunity to develop a prevention plan that is specific to the couple, their relationship and their sero-status

Role of couples in HIV transmission

- Modeling work by Sullivan showed that 68% of new infections come from main sex partners
 - More sex with your main partner
 - More likely to have anal sex with your main partner
 - Less likely to use condoms with main partner
- Mythical perception that a relationship is protective
 - Assumptions of shared sero-status
 - Lack of knowledge of possibility of sero-discordance (20%)
 - Low levels of disclosure of sero-status
 - Low levels of testing among those who see themselves as protected by a relationship
- Sero-discordant couples thus represent a high risk group who could benefit from joint testing







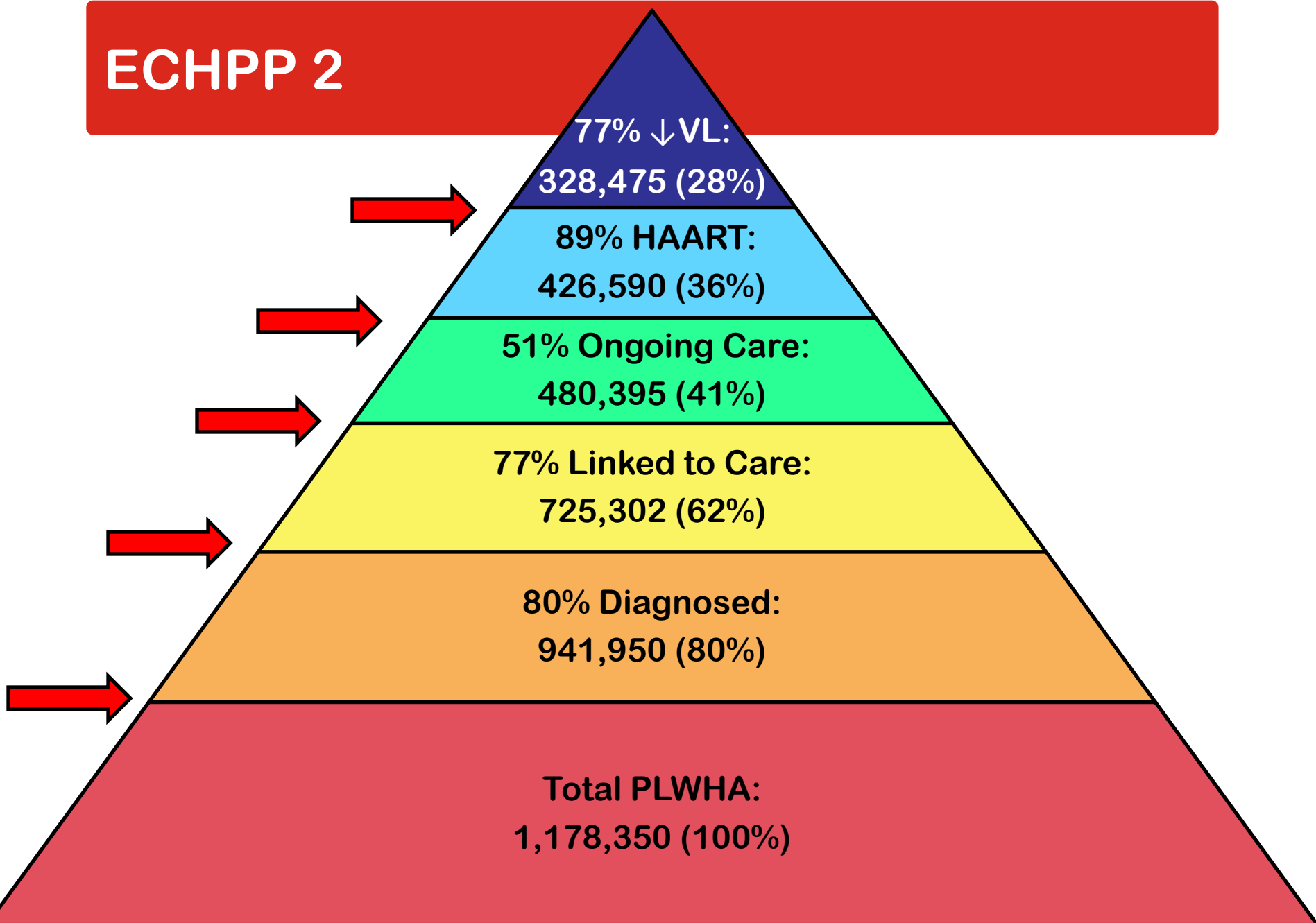
Training for CVCT

- 3 day training developed by Emory University
- Target audience is VCT counselors with 6 months experience of providing VCT to MSM
- Training covers 6 modules and is focused on practical skills
 - Introduction to CVCT
 - Essential counseling skills for CVCT
 - The 7 stages of the CVCT intervention
 - Providing concordant negative results
 - Providing concordant positive results
 - Providing sero-discordant results
- Training is followed-up by technical assistance and mentoring – with a focus on building cross-site relationships

ECHPP 1

- **Roll out of CVCT training across metro-ATL**
 - Collaboration of DoPH
 - Extended to GA wide
 - Total 60 counselors trained
- **CVCT certification established**
 - TA provided by Emory CVCT team
 - Monthly conference calls, site visits, implementation plans
- **Focus on identifying barriers and developing new messages**
- **Additional funding used to expand CVCT training**
 - 17 cities, over 250 counselors

ECHPP 2



Open the door for dialogue about sex and your relationship.

Begin to develop agreements with your partner regarding sex outside your relationship.

Enjoy sex more knowing that you have open communication with your partner.



FACT OR MYTH?

For men, HIV is often transmitted through a primary male sex partner.

WHAT TYPE OF COUPLE ARE YOU?


Take a fun quiz and find out.

KNOW YOUR HIV STATUS

and your partner's, too.

PROTECT YOUR PARTNER AND YOURSELF BY TESTING TOGETHER

Testing Together is a groundbreaking new HIV testing and counseling service for male couples that will be offered in the United States this fall. Want to find out if it will be available near you? [Enter your zipcode here.](#)

ENTER ZIPCODE: 

“Testing Together provides an opportunity for you and your partner to find out your HIV status together, in a safe, neutral environment with a counselor present who can talk through your results, your feelings and help you make plans for your future.”

- Rob Stephenson, PhD

Georgia DPH ECHPP

- HIV Testing Goals

- Increase the provision of HIV screening in clinical settings
- Increase the number of HIV screenings in nonclinical settings
 - Execute five (5) GIA contracts with health departments
 - Execute five (5) contracts via RFP with CBOs
 - Provide HIV testing resources
 - Provide HIV CTL training, including CVCT for MSM
 - Increase linkage to care and partner services

Integration of CVCT

- Seven (7) agencies offer CVCT to MSM
 - 5 CBOs and 2 health departments
- Increase efforts to targeted TG individuals
- Increase linkage into other services, including Partner Services
- Sustainability of CVCT services
 - PS12-1201 (Category A and Category C)